2015

Bay County Community Health Assessment

In partnership with McLaren Bay Region, Bay Arenac Behavioral Health, Bay Health Plan, and Health Delivery Inc. Funding also provided by Bay County Community Foundation



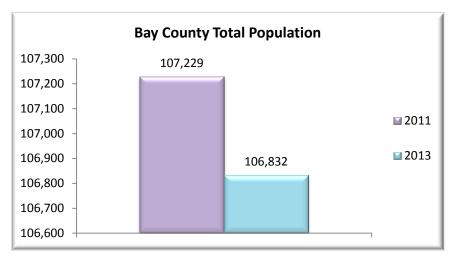
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Population Trends in Bay County

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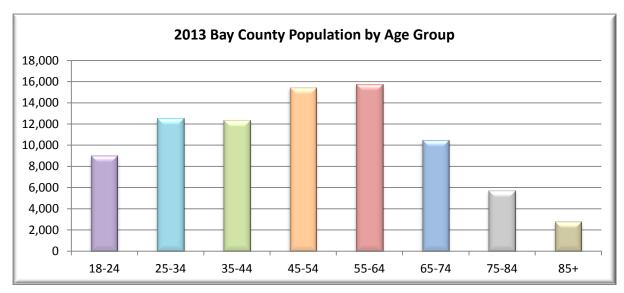




Source: Michigan Department of Health and Human Services, Population Trends

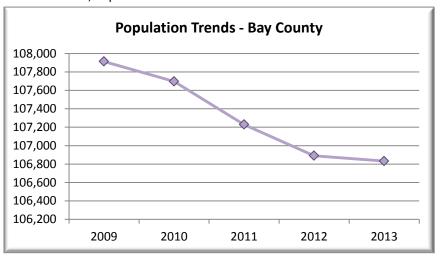
Bay County continues to see a steady decline in population.

The majority of Bay County residents are between the ages of 45 and 64.



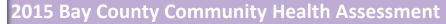
Source: Michigan Department of Health and Human Services, Population Trends

Bay County has seen a 1% decrease in total population since 2009.

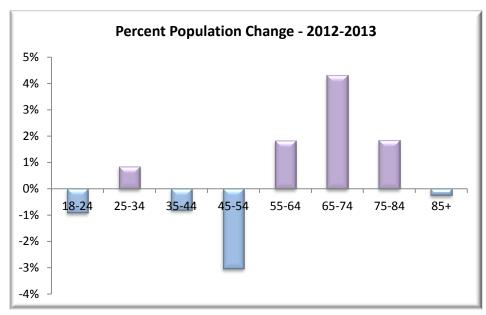


Source: Michigan Department of Health and Human Services, Population Trends

Population Trends in Bay County







Source: Michigan Department of Health and Human Services, Population Trends

Bay County has the highest senior population in the state.

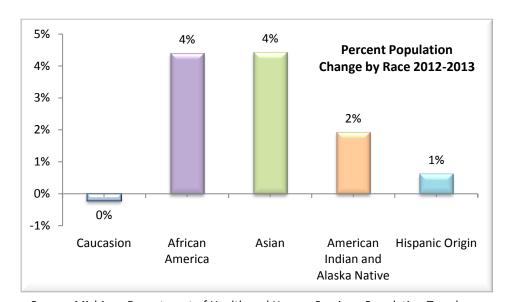
Bay County continues to see a change in its demographic makeup with noticeable increases in the 55-84 year old age group.

65-74 year olds saw the largest increase in population at 4%

The largest decrease in population was among 45-54 year olds at 3%

Bay County also continues to see a slight change in the demographic make up the county.

The African American and Asian populations have increased in Bay County by 4% from 2012-2013

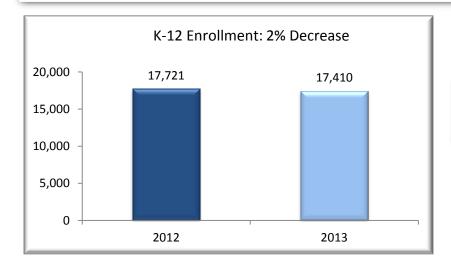


Source: Michigan Department of Health and Human Services, Population Trends

Educational Enrollment and Attainment





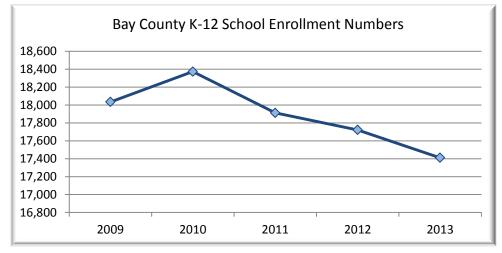


K-12 Enrollment continues to decline in Bay County

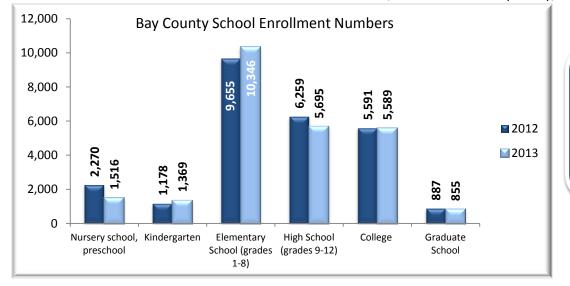
There was a 2% decrease in overall enrollment from 2012-2013

Source: U.S. Census Bureau, American Community Survey, 2009-2013

Even with an overall decrease in enrollment numbers, there has been an increase in numbers in kindergarten and elementary grades 1-8 in the past year.



Source: U.S. Census Bureau, American Community Survey, 2009-2013



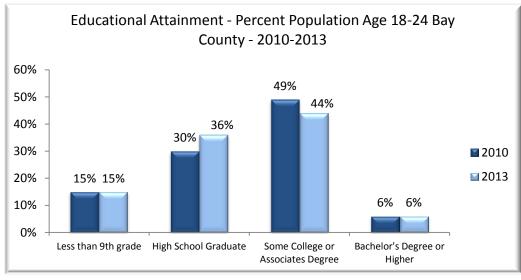
The largest decrease in enrollment was among preschool students.

Source: U.S. Census Bureau, American Community Survey, 2009-2013

Educational Enrollment and Attainment

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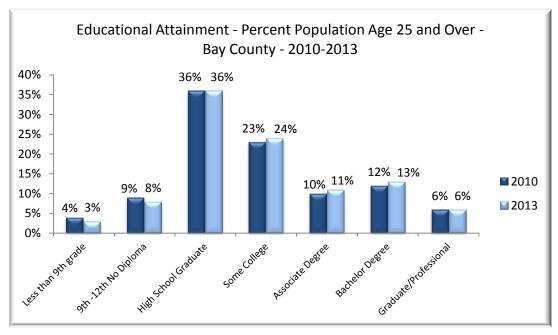
In 2013, Bay County saw an increase in 18-25 year olds who have graduated college.

Yet, those that received an Associate's Degree or attended some college decreased.

Source: U.S. Census Bureau, American Community Survey, 2009-2013

Looking at the population aged 25 and over, Bay County saw slight increases in those attending some college, or receiving an Associates or Bachelors Degree.

Some College or Associates Degree decreased among both males and females in 2013.



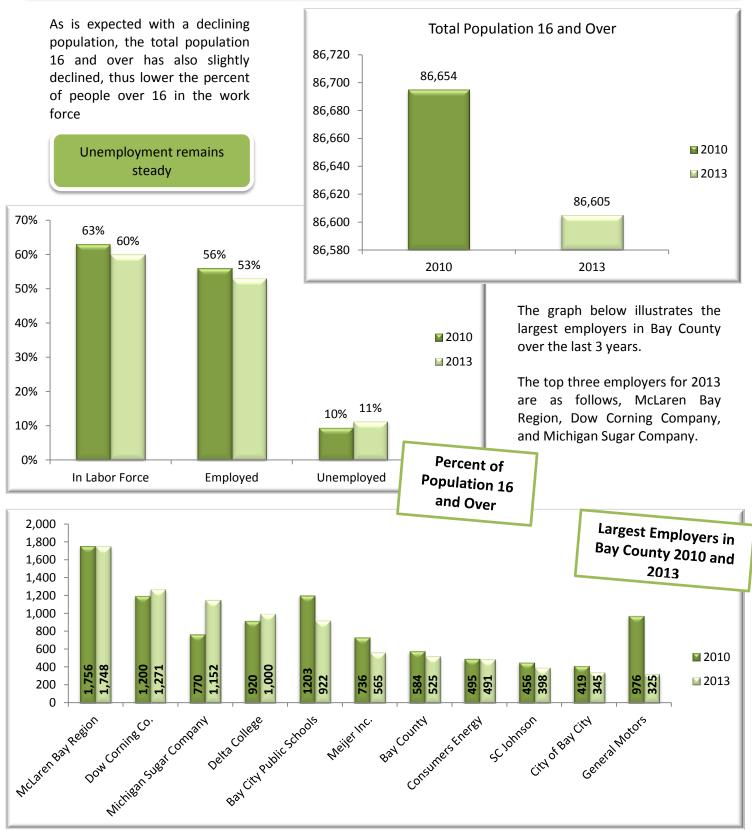
Source: U.S. Census Bureau, American Community Survey, 2009-2013

Educational Attainment by Gender – 2010-2013				
	Males - 2010	Males - 2013	Females - 2010	Females - 2013
Less than 9 th grade	19%	14%	11%	16%
High School Graduate	35%	42%	25%	30%
Some College or Associates Degree	43%	42%	56%	45%
Bachelor's Degree or Higher	3%	3%	9%	9%

Employment in Bay County



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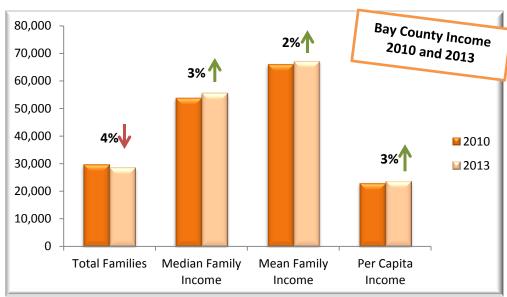
Income in Bay County

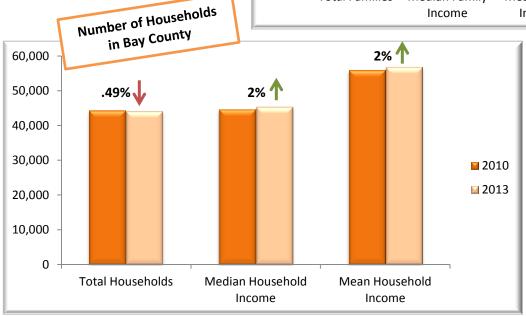




The graph to the right shows the percent change in the number of families in Bay County, as well as the per capita and mean incomes.

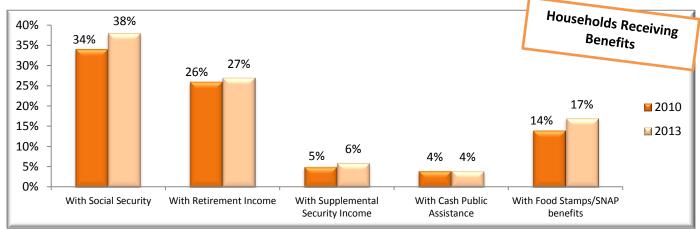
Overall, income has slightly increased among families in the last 3 years





The graph to the left illustrates the percent change in the number of households, as well as the mean and median incomes.

The percent of households receiving benefits continues to increase.

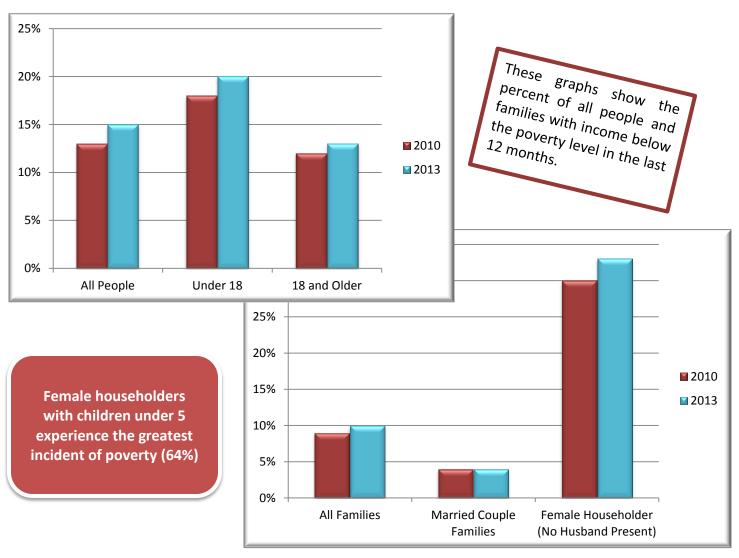


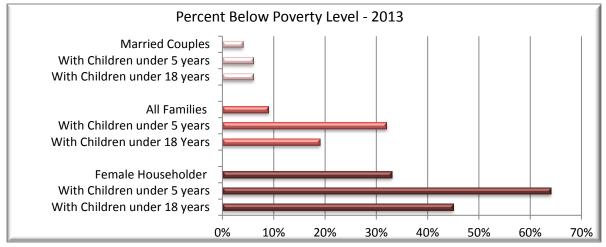
All Tables Source: U.S. Census Bureau, American Community Survey, 2009-2013

Poverty in Bay County







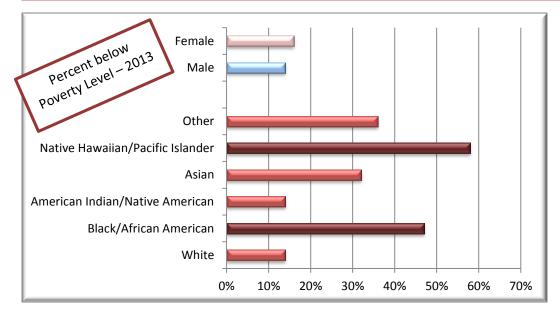


All Tables Source: U.S. Census Bureau, American Community Survey, 2009-2013

Poverty in Bay County

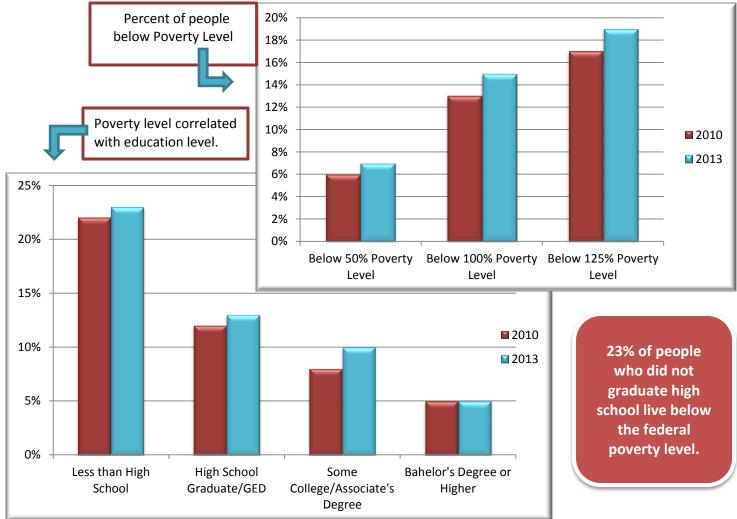


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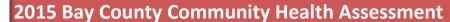


Poverty has clearly increased in Bay County over the last 3 years.

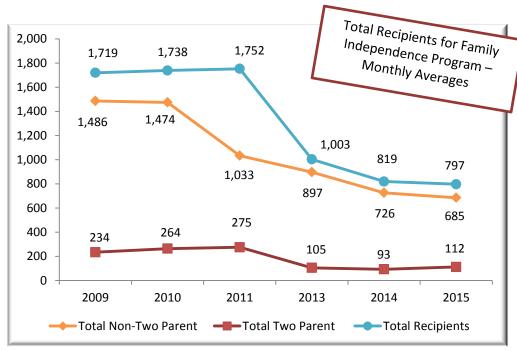
Poverty seems to be correlated with level of education completed and is most prevalent among those that did not graduate high school.



Poverty in Bay County





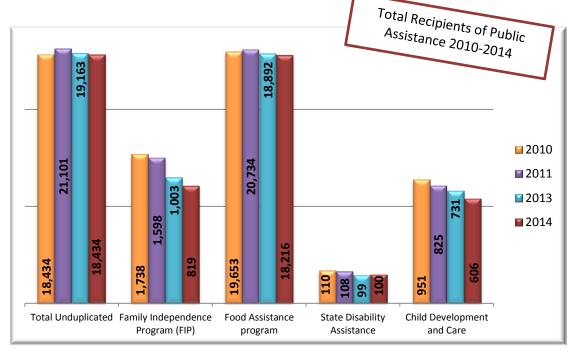


The Family Independence Program saw a dramatic decrease in total recipients between 2001 and 2013 with a steady decline through 2015.

Again, there were far more recipients from non-two parent families than two-parent families.

Source: Michigan Department of Health and Human Services, Trend Reports

Total recipients of public assistance, in general, have continued to decrease slightly over the years.



Source: Michigan Department of Health and Human Services, Trend Reports

50

Less than High

School

with only high school diploma

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Source (All Tables): MDHHS, Natality and Pregnancy, 2009-2013

High School

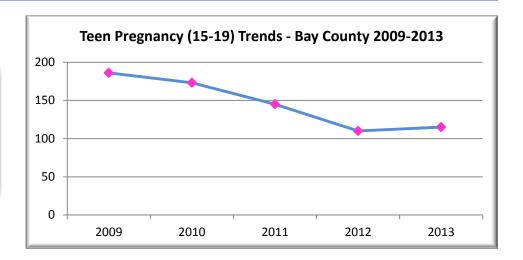
Some College

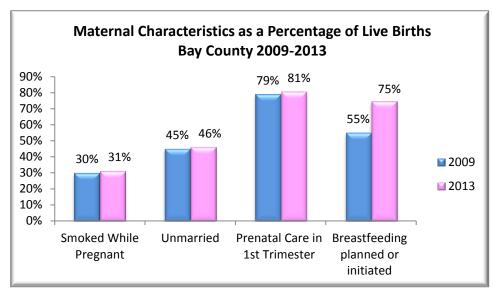
College Degree





The teen pregnancy rate has dropped significantly from 2009 with only a slight increase from 2012-2013





As indicated in the graph to the left, planned or initiated breastfeeding rose 20% in the last 4 years.

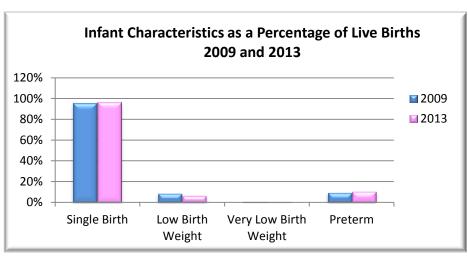
31% of mothers report smoking while pregnant

The data in the graph to the right has remained very consistent over the years.

The majority of births in Bay County are single births.

Only 7% of live births in Bay County have a low birth weight.

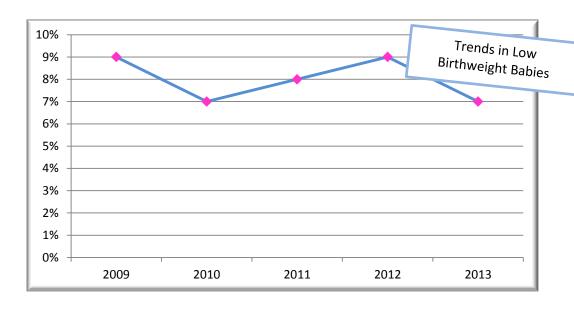
11% of babies born in 2013 were preterm.



Source (All Tables): MDHHS, Natality and Pregnancy, 2009-2013

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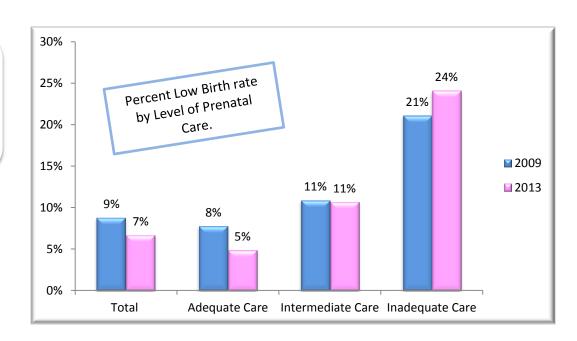
From 2010 – 2012, Bay County experienced and steady increase in low birth weight babies.

However, in 2013 Bay County experienced a 2% decrease in low birthweight babies.

Source: MDHHS, Natality and Pregnancy, 2009-2013

24% of low birth rate babies received inadequate prenatal care during pregnancy

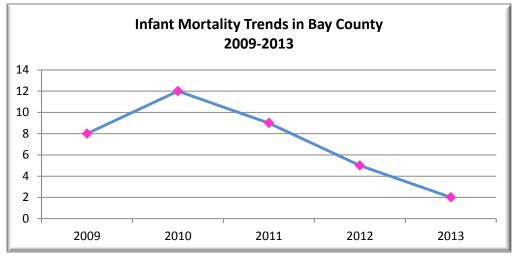
Even though the percent of babies with low birth rate has decreased, the percent of babies born with a low birthrate that had inadequate prenatal care increased and those with adequate care decreased.



Source (All Tables): MDHHS, Natality and Pregnancy, 2009-2013

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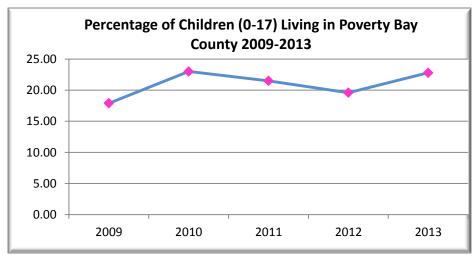
The number of infant deaths has drastically decreased since 2010

(From 12 deaths to 2 deaths)

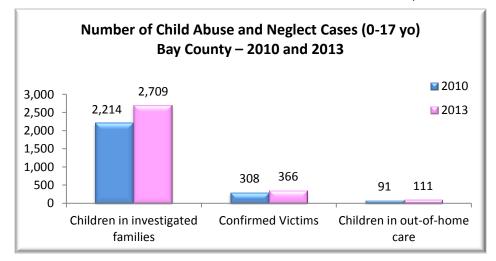
Source (All Tables): MDHHS, Infant Mortality, 2009-2013

From 2010-2012 the number of children living in poverty slightly decreased.

In 2013 Bay County experienced a 3% increase in children living in poverty.



Source: Kids Count Data, 2009-2013



The numbers of child abuse and neglect cases are continuing to rise in Bay County.

22% increase in the number of families investigated.

19% increase in confirmed victims.

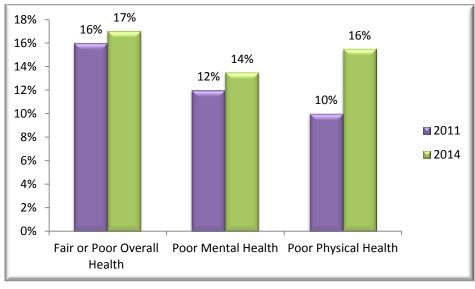
21% increase in out-of-home care

Source: Kids Count Data- 2009-2013

General Health in Bay County







Bay County saw increases in the percentage of adults who have poor mental and physical health, and fair or poor overall health

14% of adults report poor mental health

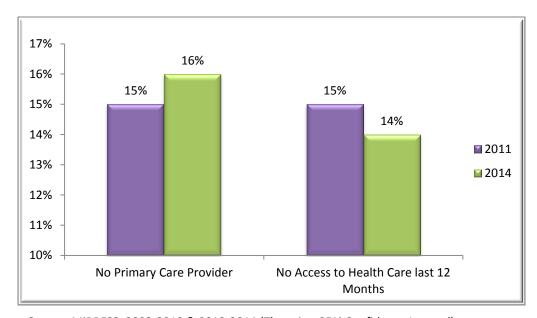
16% of adults report poor physical health

Source: MiBRFSS, 2008-2010 & 2012-2014 (There is a 95% Confidence Interval)

Even with the Healthy Michigan Plan, Medicaid and the Health Exchange, many individuals still have no health care coverage.

Those reporting the have no primary care provider also increased slightly.

17% of adults report poor no health care coverage. (Increase from 15% in 2011)



Source: MiBRFSS, 2008-2010 & 2012-2014 (There is a 95% Confidence Interval)

General Health in Bay County 2015 Bay County Community Health Assessment Patient to Primary Care Physician Ratio 2,000 1,844 1,785 1.737 1,800 1,600 1,400 1,271 1.268 1,246 1,200 1,051 1,045 1,067 1,000 1,844 people to 800 600 every 1 primary 400 care provider 200 0 2013 2014 2015 ■ Bay County Michigan **■**Top US Performers Patient to Dentist 1,683 1,589 1,482 Ratio These graphs illustrate the 1,800 1,573 1,522 1,526 1,485 number of patients 1,600 1,392 1,377 provider ratios. As the graphs 1,400 indicate, Bay County clearly 1,200 has a need for more Primary 1,000 Care Physicians, Dentists and 800 Mental Health providers to 600 adequately address the need in Bay County. Bay County 400 falls well behind Michigan 200 and the top US performers. 0 2013 2014 2015 855 900 ■ Bay County ■ Michigan ■ Top US Performers 800 661 700 600 529 521 487 529 people for 500 **≥**2014 386 every 1 mental 400 **≥** 2015 health provider 300

Source (All Tables): County Health Rankings

Michigan

Top US Performers

Bay County

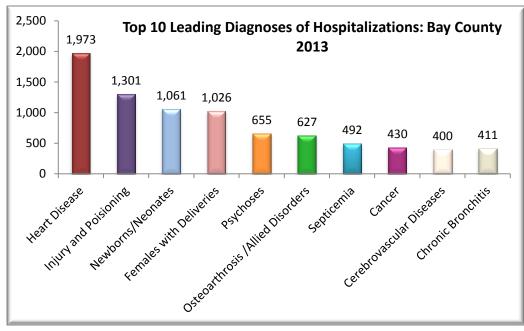
200100

0

Patient to Mental Health

Care Provider Ratio





Heart Disease continues to be the leading cause of hospitalizations followed closely by injury and poisoning in Bay County.

> In 2013 there were 1,973 hospitalizations for heart disease

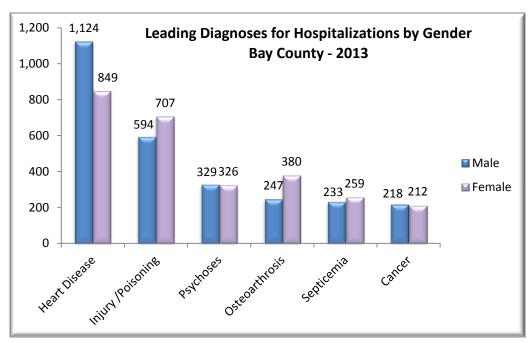
Source: MDHHS, 2013

Hospitalizations are inpatient hospital stays as measured by stays that were completed during the specified year. The number of hospitalizations is often greater than the number of persons hospitalized since some persons are hospitalized more than once

Males tend to be hospitalized for heart disease more than females, where more females are hospitalized for injury and poisoning.

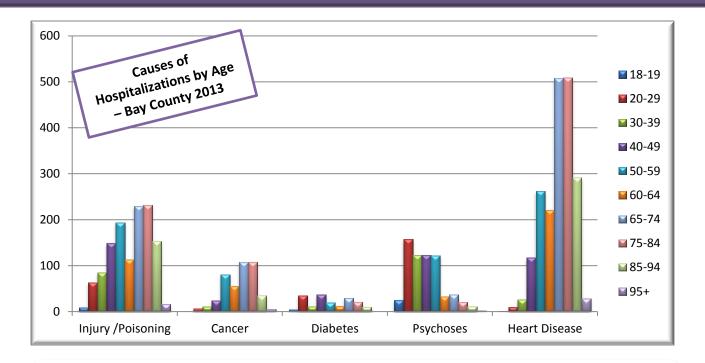
1,124 Males hospitalized for heart disease

707 females were hospitalized for injury or poisoning.

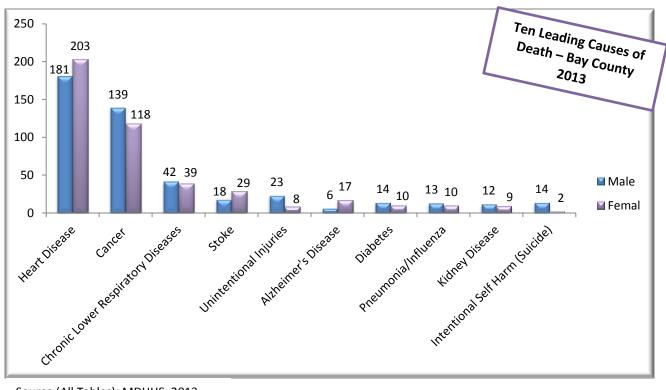


Source: MDHHS, 2013



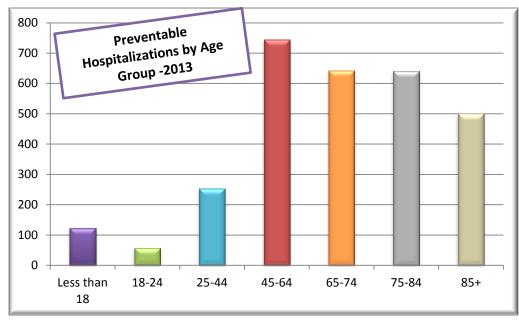


These graphs show the correlation between the number of hospitalizations and cause of death. The most hospitalizations occur for heart disease especially for those 50 and over, and subsequently the leading cause of death in Bay County continues to be heart disease.



Source (All Tables): MDHHS, 2013





Ambulatory Care Sensitive (ACS) Hospitalizations are those that are potentially preventable.

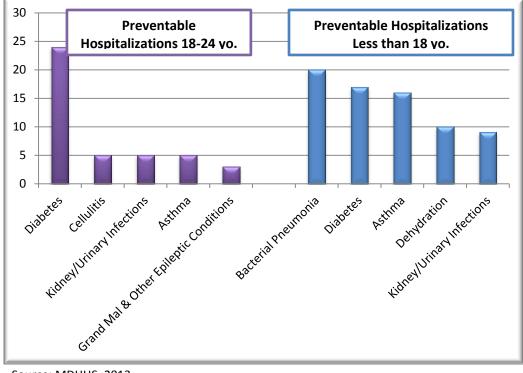
IN 2013 there was a total of 2,960 ACS hospitalizations with the majority occurring among 45-64 year olds and the least occurring among 18-24 year olds.

Source: MDHHS, 2013

745 ACS hospitalizations among 45-64 year olds

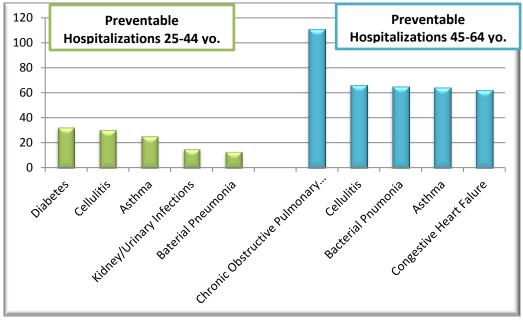
Among 18-24 year olds most (42%) ACS hospitalizations were diabetes related.

Among those younger than 18 years old, bacterial pneumonia (16%) was the main cause of ACS hospitalizations



Source: MDHHS, 2013





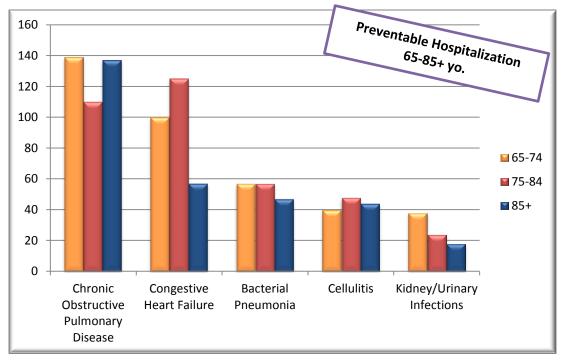
24-44 year olds had 253 total ACS Hospitalizations in 2013. There was no one illness that was more prominent over another.

However, most of the hospitalizations were diabetes related (13%) followed closely by Cellulitis (12%).

Source: MDHHS, 2013

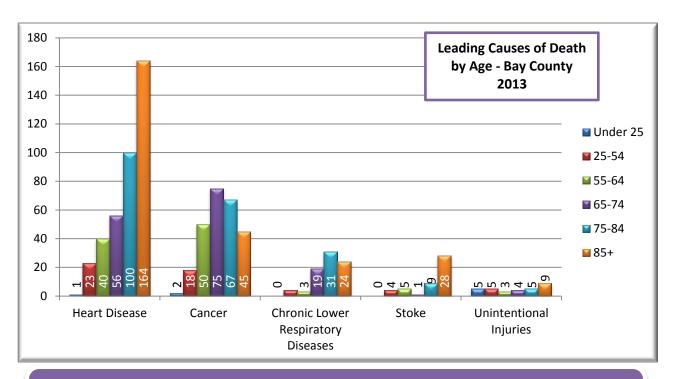
Chronic Obstructive Pulmonary Disease was the leading cause of ACS hospitalizations among 45-64 year olds, 65-74 year olds, and 85 and over in 2013

Congestive Heart
Failure is the leading
cause of ACS
Hospitalizations
among 75-84 year
olds (20%)



Source: MDHHS, 2013

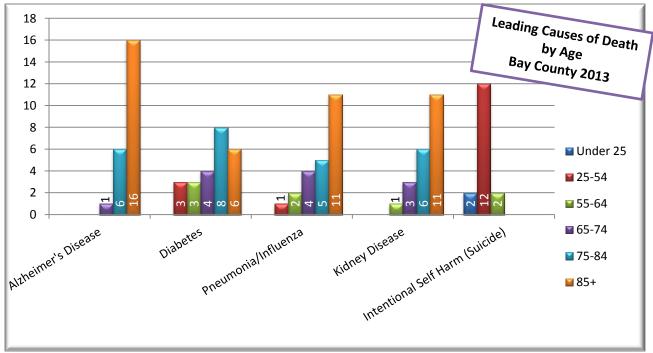




Heart Disease is the leading cause of death among 75 + year olds.

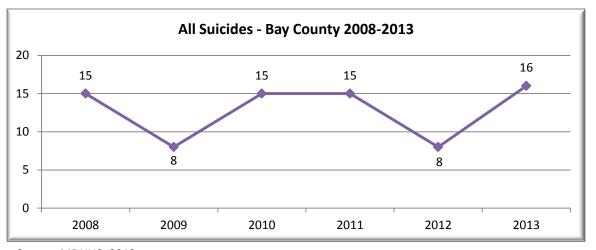
Cancer is the leading cause of death among 55-74 year olds.

Suicide is the leading cause of death among 25-54 year olds is suicide.



Source (All Tables): MDHHS, 2013



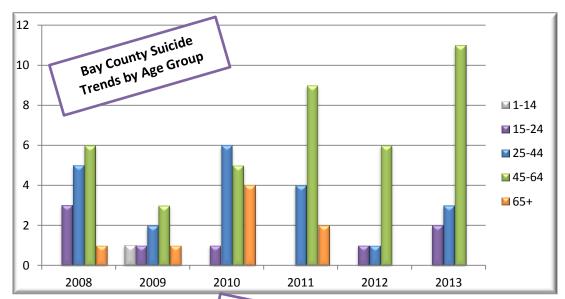


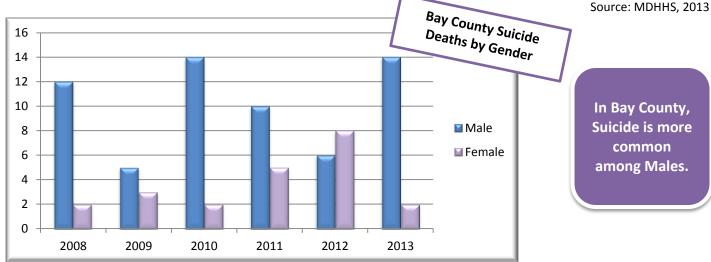
In 2013, the number of Suicides in Bay County doubled.

Source: MDHHS, 2013

In 2013, 69% of suicides were among 45-64 year olds.

Suicides have consistently been highest among this age group with the exception of 2010.



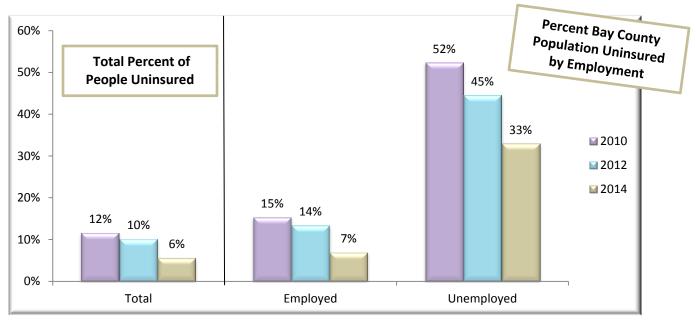


Source: MDHHS, 2013

Health Insurance Coverage in Bay County

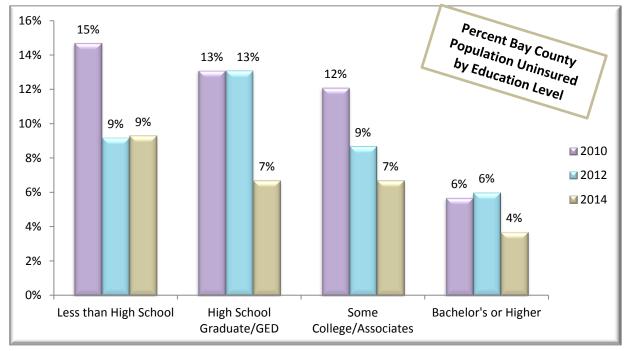
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Source: US Census, American Community Survey (1 year estimates)

These graphs show the correlation between employment and education, and being uninsured. Being uninsured is significantly higher among those that are unemployed. The lower an individual's education level the greater the chance they will be uninsured.

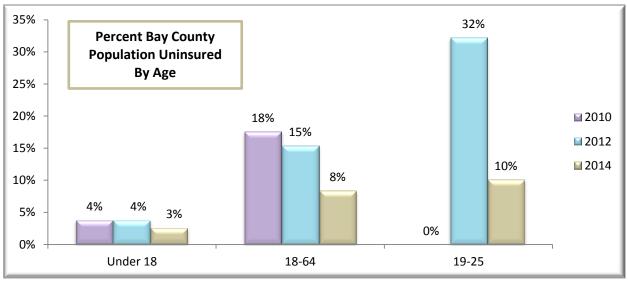


Source: US Census, American Community Survey (1 year estimates)

Health Insurance Coverage in Bay County



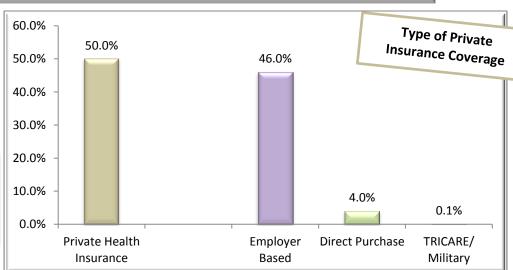


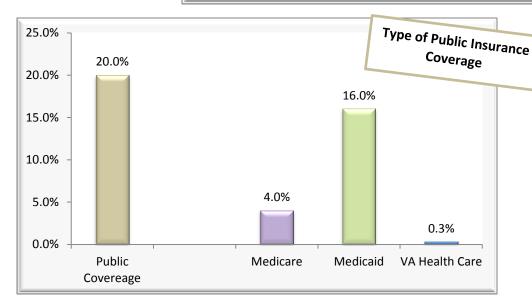


Of those that have private health insurance, the majority (61%) receives insurance through their employer.

11% directly purchase health insurance

2% receive TRICARE or Military insurance





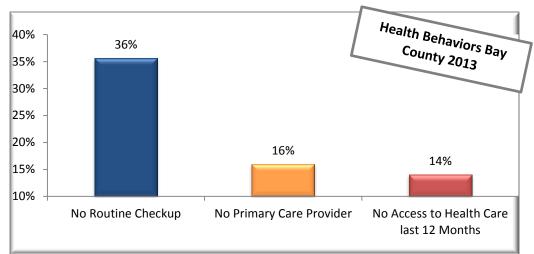
Of those that have public health insurance, the majority (16%) receives Medicaid.

Only .3% receive VA insurance

Preventive Care - Adults

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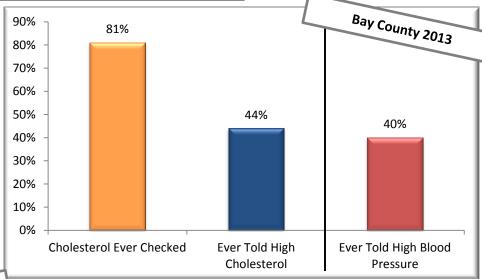


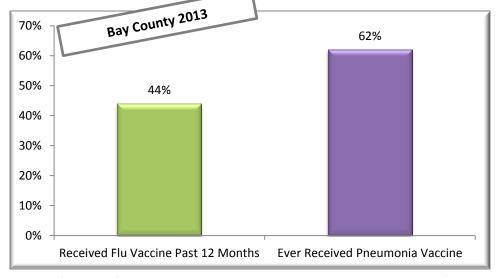
Nearly 1 in 4 residents of Bay County Did Not receive a routine checkup in 2013.

Even with the Health Exchange, 16% report not having a primary care provider and 14% report not having access to health care

81% of adults surveyed reported they have had their cholesterol checked.

Over half of adults who have had their cholesterol checked were told they had high cholesterol and 40 were told they had high blood pressure.





Nearly half of adults surveyed reported receiving the flu vaccine.

62% reported receiving the pneumonia vaccine.

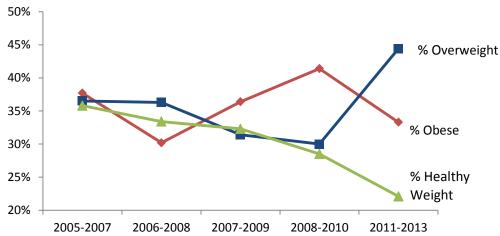
Source (All Tables): Michigan Behavioral Risk Factor Surveillance Report, 2013 (There is a 95% Confidence Interval)

Weight and Physical Activity

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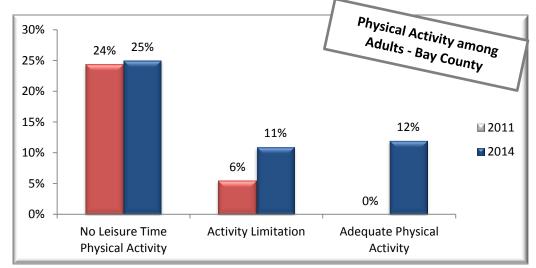


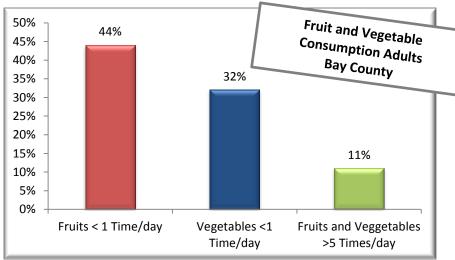


The percent of overweight adults has increased by 14% over the last three years.

Over the last few years the trend has shifted somewhat. Obesity rates among adults have decreased while the percent of overweight adults has increased.

Adults reporting no leisure time physical activity has remained the same while those with activity limitations have slightly increased.





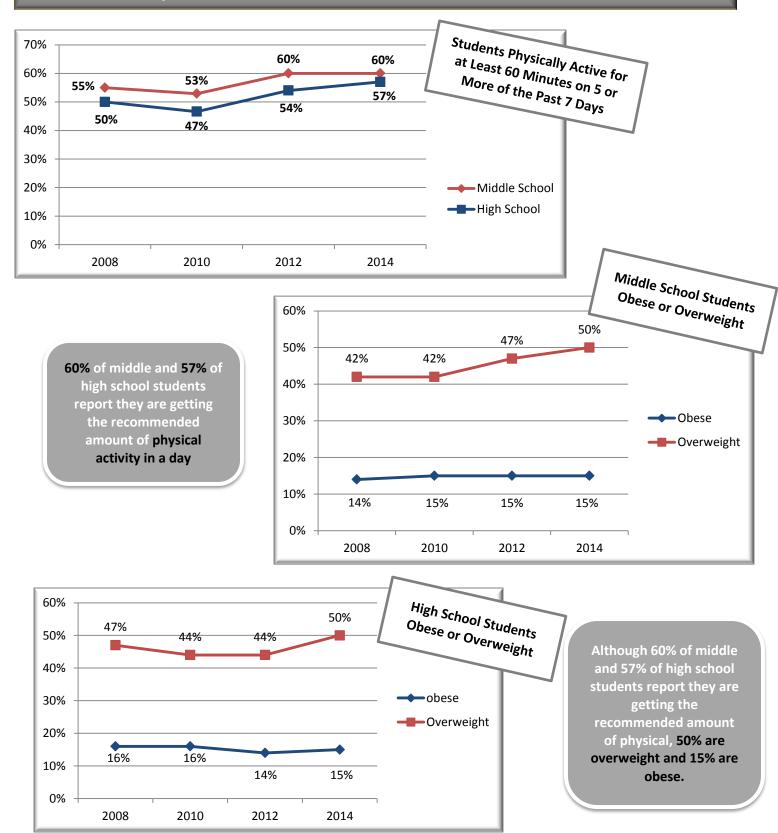
Only 11% of adults report they are getting the recommended amount of fruits and vegetables

Source (All Tables): Michigan Behavioral Risk Factor Surveillance Report, 2013 (There is a 95% Confidence Interval)

Weight and Physical Activity



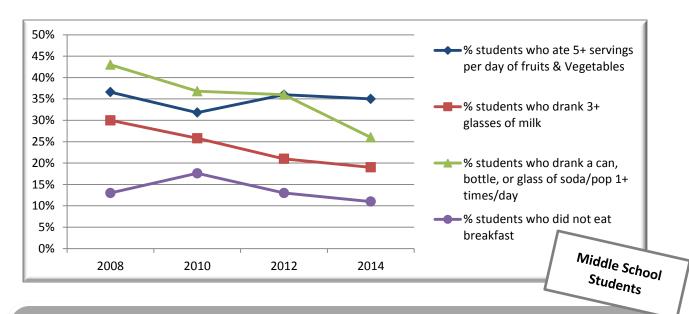




Weight and Physical Activity

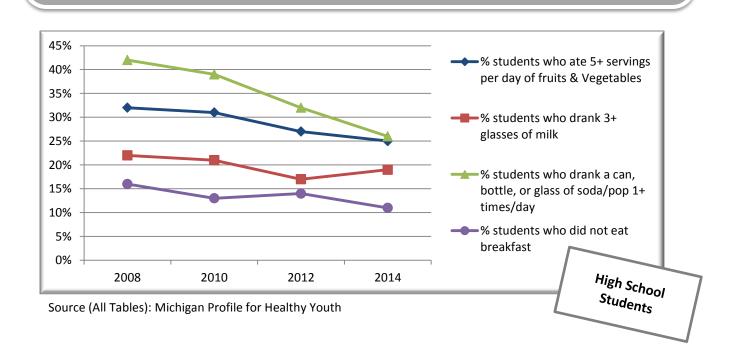
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Among both age groups consumption of fruits and vegetables has decreased. Drinking 3 or more glasses of milk decreased among middle school students but increased slightly among high schoolers.

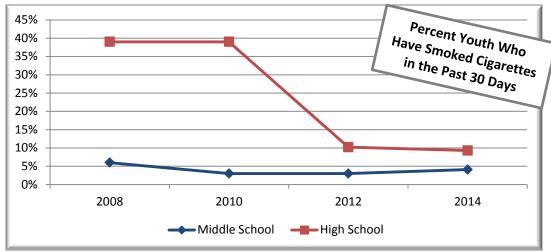
Pop consumption has decreased among both age groups, but so has the percentage of youth who eat breakfast.



Alcohol, Tobacco and Other Drug Use

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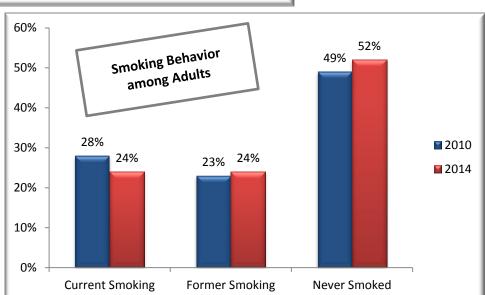




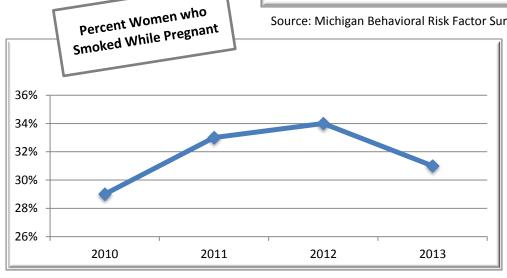
percent The of youth who smoke cigarettes continues to remain low for both middle and high school students.

Source (All Tables): Michigan Profile for **Healthy Youth**

> The percent of adults who smoke cigarettes decreased slightly by 4%.



Source: Michigan Behavioral Risk Factor Surveillance System



However, the percent of repo9rt smoking cigarettes during pregnancy continues to increase.

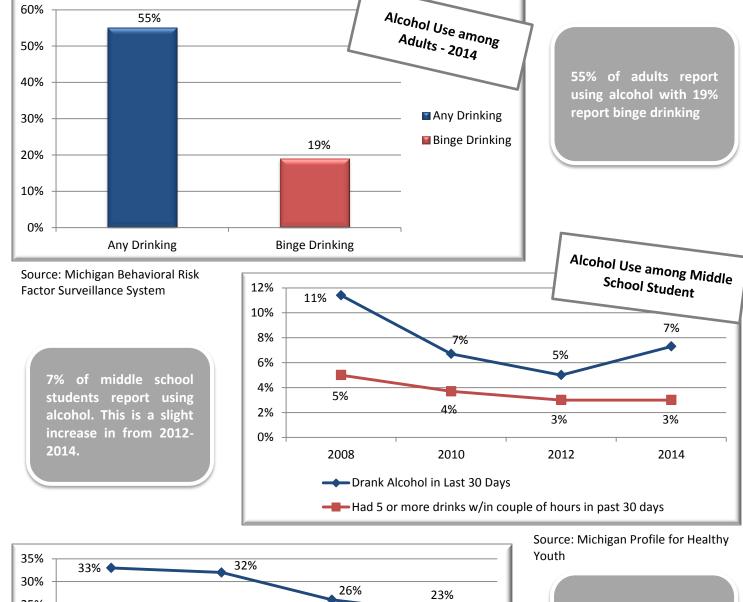
Source: MDHHS, Vital Statistics, Birth Characteristics

Alcohol, Tobacco and Other Drug Use



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Source: Michigan Profile for Healthy Youth

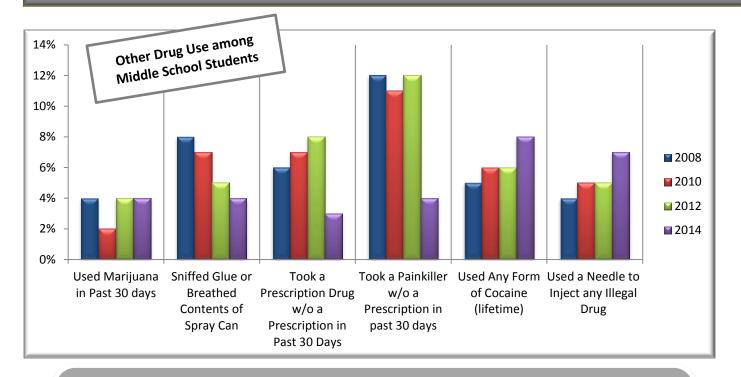


25% From 2008 - 2014, 24% 20% 23% alcohol use among high 15% school students has 15% continued to decrease. 10% 12% 5% 0% 2008 2010 2012 2014 Alcohol Use among High → Drank Alcohol in Last 30 Days School Student Had 5 or more drinks w/in couple of hours in past 30 days 30

Alcohol, Tobacco and Other Drug Use

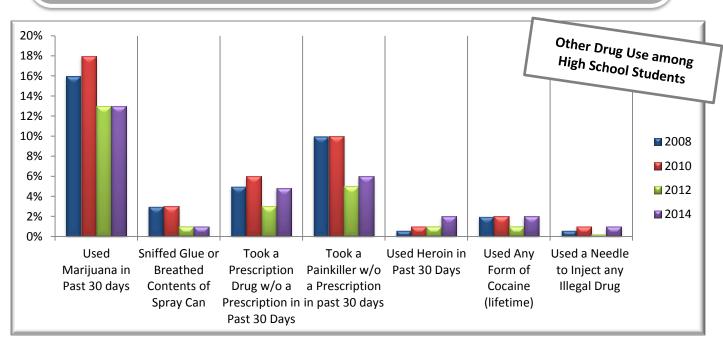


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Looking at other drug use, the drug most frequently used among middle school students from 2008-2012 was painkillers followed closely by inhalants and prescription drugs; however in 2014 it was any form of cocaine.

Among high school students the drug most frequently used is marijuana followed by painkillers.



Source (All Tables): Michigan Profile for Healthy Youth